



Syllabus

CDC 210 Field Experience Practicum I

General Information

Date

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Author

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Department

Social Science

Course Prefix

CDC

Course Number

210

Course Title

Field Experience Practicum I

Course Information

Credit Hours

4

Lecture Contact Hours

3

Lab Contact Hours

0

Other Contact Hours

1 (Over the duration of the semester students will complete 150 field hours in a treatment agency, at approximately 10 hours per week.)

Catalog Description

One hundred and fifty hours of field experience will be spent in a rehabilitation or treatment facility for alcoholics or addicts. The student will enter the facility under terms laid down by said facility. The facility will provide direct supervision and the FLCC field coordinator indirect supervision for the student. In addition to discussing internship experiences, classroom topics will include evidence-based programs and counseling techniques, treatment planning, group skills, case presentation, and further experiential practice with evaluation and group skills.

Key Assessment

This course does not contain a Key Assessment for any programs

Prerequisites

CDC 103

Co-requisites

CDC 200

Grading Scheme

Letter

First Year Experience/Capstone Designation

This course **DOES NOT** satisfy the outcomes applicable for status as a FYE or Capstone.

SUNY General Education

This course is designated as satisfying a requirement in the following SUNY Gen Ed category

None

FLCC Values

Institutional Learning Outcomes Addressed by the Course

Vitality

Perseverance

Interconnectedness

Course Learning Outcomes

Course Learning Outcomes

1. Demonstrate therapeutic group techniques in simulated group sessions.
2. Reflect on their role as counselor of a simulated group and identify their own strengths and weaknesses.
3. Demonstrate professional behavior.

Outline of Topics Covered

Evidence-based practices

- Theory and application

Learning styles and reaching methods for client education

Life Skills education

- Vocational
- Multiple rehab needs
- Stress management
- Mindfulness based relapse prevention
- Communication
- Assertiveness and refusal skills

Crisis management

Case management and service coordination

Community resources

Time management

Clinical Documentation

Practicum

- Issues/concerns
- Reflective journals