

# Course Syllabus

**Department:** Nursing

**Date:** 9/19/2012

**I. Course Prefix and Number:** NUR 230

**Course Name:** Physical Assessment

**Credit Hours and Contact Hours:** 3 credit hours and 3 contact hours

**Catalog Description including pre- and co-requisites:** This course focuses on the knowledge and skills necessary for conducting a complete nursing physical assessment. Lecture, demonstrations, small group interactions, and videotaped interviews focus on subjective assessment. Laboratory practices and audiovisual materials focus on objective assessment. **Pre-requisites:** BIO 171, BIO 172, NUR 100; or completion of a LPN/RN program; or permission of the instructor.

**Relationship to Academic Programs and Curriculum including SUNY Gen Ed designation if applicable:**

This is an elective nursing course

**II. Course Student Learning Outcomes:** *State the student learning outcome(s) for the course (e.g. Student will be able to identify...)*

Upon completion of this course, the student will be able to:

- A. Conduct, document, and evaluate a subjective health assessment involving a structured interview including describing and implementing various phases of the interview, making smooth transitions, and controlling the interview.
- B. Organize, conduct and document a health assessment, consisting of a health history and physical examination.
- C. Identify and document normal findings and begin to identify and document abnormal findings including appropriate nursing diagnoses based upon subjective and objective data.
- D. Organize, conduct, and document appropriate regional physical examinations based upon subjective data.
- E. Describe, utilize, and evaluate selected tools and methods for the health assessment.
- F. Apply developmental and transcultural considerations across the lifespan when conducting a health assessment.

**College Learning Outcomes Addressed by the Course:** (check each College Learning Outcome addressed by the Student Learning Outcomes)

- |   |   |
|---|---|
| <input type="checkbox"/> writing                        | <input type="checkbox"/> computer literacy        |
| <input checked="" type="checkbox"/> oral communications | <input checked="" type="checkbox"/> ethics/values |
| <input checked="" type="checkbox"/> reading             | <input type="checkbox"/> citizenship              |
| <input type="checkbox"/> mathematics                    | <input type="checkbox"/> global concerns          |
| <input checked="" type="checkbox"/> critical thinking   | <input type="checkbox"/> information resources    |

**III. Assessment Measures (Summarize how the college and student learning outcomes will be assessed):** For each identified outcome checked, please provide the specific assessment measure.

List identified College Learning Outcomes(s)	Specific assessment measure(s)
<i>eg: writing</i>	<i>eg: student will complete a research paper</i>
Oral communication	Student will conduct assessment histories
Reading	Student will complete reading assignments related to the topic and interpret the assessment techniques during assessment histories
Critical thinking	Student will identify, analyze and evaluate assessment data and formulate nursing interventions appropriate to the health findings
Ethics	Student will apply ethical considerations when performing a physical assessment on patient's (peers) of different cultures and religions other than one's own

**IV. Instructional Materials and Methods**

**Types of Course Materials:**

Required text and lab manual, stethoscope

**Methods of Instruction (e.g. Lecture, Lab, Seminar ...):**

Lecture, audiovisual instruction, laboratory exercises

**V. General Outline of Topics Covered:**

All biological systems of the body, community assessment, family assessment, victims of human violence, cultural considerations pertaining to healthcare practices, and health concerns across the lifespan.